

## Sports Injury Benefit (SIB) 2025

This benefit applies to Classic Smart plan.

Baskets of benefits for sports-related injuries include the following:

- X-rays
  - ✓ Unlimited black and white x-rays
  - ✓ **R125** co-payment per x-ray code
- Specialist visits
  - ✓ Frequency limit of **2** visits
  - ✓ **R125** co-payment per visit
- Physiotherapist, Biokineticist, Occupational therapist, Chiropractor
  - ✓ Maximum of four visits cumulatively to the allied healthcare providers
  - ✓ **R125** co-payment per visit

### Note:

- The Sports Injury Benefit is only activated by the members' Smart Network GP on HealthID.
- Communication will be sent out to inform members that the authorisation has been approved.
- We cannot update/change ICD-10 coding for SIB.
- The SIB basket will not be backdated.
- External cause code and ICD-10 (diagnosis) code must be in line with the Sports Injury ICD-10 codes.
- Once the benefit is active, payment of claims will be from Risk and will accumulate to the frequency limit.
- The benefit will remain open for the current calendar year from date of activation.
- A new frequency limit will not be allocated to accommodate each injury/authorisation.
- The frequency limit runs for a benefit year, and claims related to each injury will accumulate to this frequency limit.
- Once the **limit has been depleted**, any new claim will be from member's own pocket.
- **Essential Smart, Essential Dynamic and Active Smart Plans** Not available on these plans, member's own pocket.

In 2026, this benefit will apply to Classic Smart, Classic Smart Saver, LA Health Engage Plan Plus, Essential Smart Saver u12's.